

HOT WEATHER PLANNING CHECKLIST FOR SAFETY MANAGERS

Heat-related illnesses such as heat stress, heat exhaustion, and heat stroke are a very real threat for workers during the summer months. It's important to plan and prepare for these situations. Use this OSHA Heat-Related Illness Prevention Training Checklist to ensure you, your crews, and your worksite are prepared for the hot weather.

WATER	Is there plenty of fresh, cool drinking water located as close as possible to the workers?	<input type="checkbox"/>
	Are water coolers refilled throughout the day? (Has someone been designated to check and make sure water is not running low?)	<input type="checkbox"/>
SHADE	Is shade or air conditioning available for breaks and if workers need to recover?	<input type="checkbox"/>
TRAINING	Do workers know the:	
	Common signs and symptoms of heat-related illness?	<input type="checkbox"/>
	Proper precautions to prevent heat-related illness?	<input type="checkbox"/>
	Importance of acclimatization?	<input type="checkbox"/>
	Importance of drinking water frequently (even when they are not thirsty)?	<input type="checkbox"/>
	Steps to take if someone is having symptoms?	<input type="checkbox"/>
EMERGENCIES	Does everyone know who to notify if there is an emergency?	<input type="checkbox"/>
	Can workers explain their location if they need to call an ambulance?	<input type="checkbox"/>
	Does everyone know who will provide first aid?	<input type="checkbox"/>
KNOWLEDGEABLE PERSON	For high and very high/extreme heat index risk levels, is there a knowledgeable person at the worksite who is well-informed about heat-related illness and able to determine appropriate work/rest schedules and can conduct physiological monitoring as necessary?	<input type="checkbox"/>
PHYSIOLOGICAL MONITORING	Are workers in the high or very high/extreme heat index risk levels being physiologically monitored as necessary?	<input type="checkbox"/>
WORKER REMINDERS	Drink water often	<input type="checkbox"/>
	Rest in shade	<input type="checkbox"/>
	Report heat-related symptoms early	<input type="checkbox"/>

²This table is adapted from checklist (page 18) in OSHA's Heat-related illness Prevention Training Guide.



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